

Relieve pain from the comfort of your home

Treat joint and back pain **in just 5 minutes a day** with Joint Academy's digital physical therapy program.



Scan to get started or call (929) 547-6370

Learn more at miamidade.jointacademy.com



**In-network
with your plan!**
Co-pays and deductibles
may apply.

Treating joint pain has never been easier

150,000+ patients have used Joint Academy to treat:
Acute pain | Chronic pain | Prevention | Pre- and post-surgery

- ✓ Easy-to-use mobile app with exercise program
- ✓ Video calls & chat with personal physical therapist
- ✓ Patients experience on average 44% less pain
- ✓ One co-pay per month for a physical therapy visit



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"You actually work with someone to help you get your exercises down and I'm so excited because I am seeing results and it is so simple."

Patricia, California

